

ILDA-



POTS ON THE RUN

GRANOLA & GREEK YOGHURT 6

home-made granola, Greek yoghurt, summer berries, banana, toasted almonds, honey

CHIA SEED PUDDING 6

chia seeds, dates, fresh fruit, cashew nuts

GREEK YOGHURT 6

choose from 3 of the following: sunflower seeds, raisins, chia seeds, buckwheat, almonds, walnuts, cashews, pumpkin seeds, goji berries, apple, raspberries

FRUIT SALAD 5

HAM HOCK 5

baked beans, poached egg

SALMON HASH 8

smoked salmon, potatoes, fried egg

GABETO BREAKFAST 8

beans, chorizo, bacon, egg

EGG ROUGAILLE 5

plum tomato sauce, smoked paprika, smashed avocado

BAKED BEANS, MUSHROOM & EGG 8